

Is the microRNA-221/222 Cluster Ushering in a New Age of Cardiovascular Diseases?

Lutfu Askin, Okan Tanriverdi

Department of Cardiology, Adiyaman Education and Research Hospital, Adiyaman, Turkey

ARTICLE INFO

Article history:

Submitted: 2. 4. 2022

Accepted: 30. 4. 2022

Available online: 20. 2. 2023

Klíčová slova:

Kardiovaskulární systém

MikroRNA

MiR-221/222

Působení proti tvorbě stenóz

Remodelace myokardu

Keywords:

Anti-stenotic activity

Cardiovascular system

MicroRNAs

MiRs-221/222

Myocardial remodeling

SOUHRN

Kromě regulace genové exprese regulují krátké nekódující molekuly RNA (microR, miR) rychlost degradace a translace informační RNA (messenger RNA). Krátké nekódující molekuly miR vykazují vysokou expresi v kardiovaskulárním (KV) systému, což ukazuje na jejich významnou úlohu ve vaskulárním zdraví. Proces vzniku a rozvoje aterosklerózy je dáván do souvislosti s miR-221 a -222. Krátké nekódující molekuly miR-221/222 působí proti vzniku stenóz a mohou potenciálně sloužit jako marker remodelace myokardu. Přesto ještě potrvá dlouho, než bude možno považovat molekuly miR-221/222 jako možný cíl léčby. Identifikace, ověření a poznání funkcí genových cílů, všechny tyto procesy jsou nesmírně důležité.

© 2023, ČKS.

ABSTRACT

In addition to regulating gene expression, microRNAs (MiRs) regulate messenger RNA degradation and translation rates. MiRs have a high expression in the cardiovascular (CV) system, indicating an important role in vascular health. The atherosclerotic process has been related to miRs-221 and -222. MiRs-221/222 possess anti-stenotic activity. MiR-221/222 may potentially serve as a marker for myocardial remodeling. There is still a long way yet before miRs-221/222 can be recognized as a potential therapeutic target. Identification, validation, and understanding of the function of gene targets are all critical.

Introduction

MicroRNAs (miRs) are endogenous non-coding RNAs that influence gene expression via regulating messenger RNA degradation and translation.¹ So far, over 1,000 miRs have been identified and described.² Some miRs impact the production of other miRs, leading in the establishment of complex regulatory networks. MiRs encode most mammalian proteins, and more genes may be regulated indirectly. As a result, it's unsurprising that miRs may play a critical role in a variety of biological activities at the molecular level.³ This review aims to investigate the link between miR-221/222 and cardiovascular diseases (CVDs).

Vascular system and miR-221/222

The high level of miRs directly affects the vascular system.³⁻⁶ Ordinary conditions, the endothelium is responsible for maintaining vascular homeostasis. Endothelial dysfunction is a critical threshold for atherosclerosis.⁷

Almost all of the coagulation cascades are associated with miRs. MiRs have been linked to pro-atherogenic pathways.^{8,9} Blood vessel homeostasis requires angiogenesis, which is involved in atherosclerosis. Several miRs appear to be angiogenic or anti-angiogenic.¹⁰

MiRs-221/222 play a vital role in maintaining vascular homeostasis.¹¹ For the miRs-221/222, Celic et al. summarized the known evidence on their characteristics and possible clinical applications.¹² Clinically, it is critical to evaluate the possibility that miR 221/222 may be therapeutic in cardiovascular disease and cancer.

Obesity and diabetes result in decreased miR 221 levels,¹³ while severely obese patients had higher levels of both miRs.¹⁴ MiR-221 was shown to be overexpressed in the serum of diabetics with microvascular problems.¹⁵ Those with metabolic syndrome had higher circulating miR-221 levels.¹⁶ Low miR-221 levels are caused by strokes and atherosclerosis.¹⁷ In diabetics with coronary artery bypass grafts, serum miR-221 was elevated and corrected by metformin.¹⁸ Carotid atherosclerosis patients also showed higher miR-221 levels.¹⁹ In contrast, atherosclero-

Address: Lutfu Askin, MD, Adiyaman Education and Research Hospital Cardiology Department, 2230 Adiyaman, Turkey, e-mail: lufuaskin23@gmail.com

DOI: 10.33678/cor.2022.050

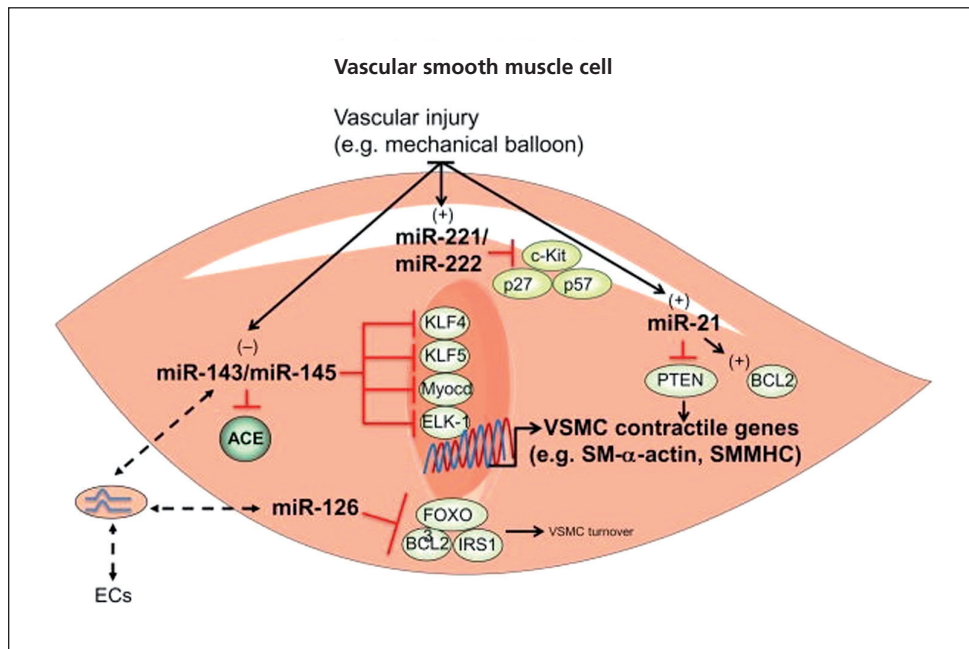


Fig. 1 – MiRs-221 and -222 and their role in atherosclerosis.

sis obliterans patients had lower serum miR-221.²⁰ Thus, miR-221/222 may be utilized to assess CV risk. But more research is needed to validate this.

MiRs-221 and -222 have been linked to the atherosclerotic processes (Fig. 1).^{21,22} Atherosclerotic lesions increase vascular calcification risk.^{23,24} As a result, alteration of miRs-221/222 activity may be helpful in illness follow-up.²⁵

Studies to halt the growth and migration of endothelial cells are continuing. The conflicting effects of this may be clinically relevant in patients with CAD.²⁶ Cardiomyocytes transduced with lentivirus precursors of miR-21, -24, and -221 lived substantially longer after transplantation in mice.²⁷ They control cardiac remodeling and the migration of progenitor cells.²⁸

Inhibitors or mimics of miRs may improve or raise miR activity in non-target tissues. The suppression of P27's antiproliferative action promotes cancer. For cell-specific interactions, adeno-associated viruses are preferred due to their inherent serotype diversity and organ-specific cell receptor tropism.²⁹

MicroRNA-221/222 in heart failure (HF)

MiR-221-3p and miR-222-3p (miR-221/222) are differentially regulated in human and mouse cardiomyopathies.³⁰ The miR-221/222 family has not been implicated in the pathophysiology of pressure overload-induced heart dysfunction. Studies on miR-221/222 in the heart have relied on cardiomyocyte-specific transgenic mice, which ignore endogenous miRNA levels and cell source(s).³¹ Other than the cardiac effect, miR-221 and miR-222 have been related to renal and liver fibrosis.³²

Recently, miR-221 and miR-222 were found upregulated in cardiac cells. HF is self-induced with increased fibrosis, reduced autophagy, and cardiomyocyte dysfunction in mice.³³ Mice with inducible cardiomyocyte miR-222

production were safeguarded against ischemia/reperfusion damage. Upregulation of miR-221 or miR-222 in cardiomyocytes causes cardiac remodeling, probably due to their impact on cardiomyocyte function and survival.³⁴

MiRNA-221/222 family is downregulated by TGF-β and pressure overload to enable fibroblast activation and fibrosis formation. In vivo administration of miRNA-221/222 mimics may restore TGF-β signaling in cardiac fibroblasts. Excessive miR-221/222 expression induces aberrant distribution in cardiac cells. MiR-221/222 may also be as an indicator of myocardial remodeling. A recent study indicates that decreased miR-222 plasma levels may be a risk of atrial fibrillation. Given that miR-221 is associated with myocardial collagen volume fraction in aortic valve stenosis patients, miR-221 and miR-222 may be used as biomarkers for myocardial fibrosis.³⁵

Other situations

Inflammatory reactions are controlled by the miR-221/222. As a result of its suppression, viral myocarditis is more likely to result in increased inflammation and cardiac damage.³⁶ In human umbilical vein endothelial cells (HUVECs), miR-221/222 inhibited Ets-1 and p21 expression. MiR-221/222 overexpression may protect HUVECs against ox-LDL-induced apoptosis. Qin et al.³⁷ thought that if miRNAs' functions in endothelial apoptosis and atherosclerosis are understood, they will be viable therapeutic targets.

Conclusion

MiRs-221/222 have diverse roles in many tissues. The evidence on their involvement in CVD origin and development is mounting. The current results support their

potential application as cardiac biomarkers. They may be useful for interfering with miRNA-regulated circuits. These may need cell-targeting. It will take time to establish miRs-221/222 as therapeutically relevant targets. Their gene targets need to be characterized and validated, and their roles understood.

Conflict of interest

The authors declare that there is no conflict of interest regarding the publication of this paper.

Funding

The funding sponsors had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, and in the decision to publish the results.

References

1. Suarez Y, Sessa WC. MicroRNAs as novel regulators of angiogenesis. *Circ Res* 2009;104:442–454.
2. Londin E, Lohrer P, Telonis AG, et al. Analysis of 13 cell types reveals evidence for the expression of numerous novel primate- and tissue-specific microRNAs. *Proc Natl Acad Sci USA* 2015;112:E1106–E1115.
3. Leung A, Natarajan R. Noncoding RNAs in vascular disease. *Curr Opin Cardiol* 2014;29:199–206.
4. Navickas R, Gal D, Laucavičius A, et al. Identifying circulating microRNAs as biomarkers of cardiovascular disease: a systematic review. *Cardiovasc Res* 2016;111:322–337.
5. Adam M, Raaz U, Spin JM, Tsao PS. MicroRNAs in Abdominal Aortic Aneurysm. *Curr Vasc Pharmacol* 2015;13:280–290.
6. Jansen F, Yang X, Nickenig G, et al. Role, Function and Therapeutic Potential of microRNAs in Vascular Aging. *Curr Vasc Pharmacol* 2015;13:324–330.
7. Zakkar M, Angelini GD, Emanueli C. Regulation of Vascular Endothelium Inflammatory Signalling by Shear Stress. *Curr Vasc Pharmacol* 2016;14:181–186.
8. Giannakakis A, Sandaltzopoulos R, Greshock J, et al. miR-210 links hypoxia with cell cycle regulation and is deleted in human epithelial ovarian cancer. *Cancer Biol Ther* 2008;7:255–264.
9. Krankel N, Luscher TF, Landmesser U. Novel insights into vascular repair mechanisms. *Curr Pharmaceutical Design* 2014;20:2430–2438.
10. Athyros VG, Katsiki N, Karagiannis A. Is Targeting microRNAs the Philosopher's Stone for Vascular Disease? *Curr Vasc Pharmacol* 2016;14:88–97.
11. Yin KJ, Hamblin M, Chen YE. Angiogenesis-regulating microRNAs and Ischemic Stroke. *Curr Vasc Pharmacol* 2015;13:352–365.
12. Chistiakov DA, Sobenin IA, Orekhov AN, Bobryshev YV. Human miR-221/222 in Physiological and Atherosclerotic Vascular Remodeling. *Biomed Res Int* 2015;2015:354517.
13. Zhao R, Wu J, Jia W, Gong C, et al. Plasma miR-221 as a predictive biomarker for chemoresistance in breast cancer patients who previously received neoadjuvant chemotherapy. *Onkologie* 2011;34:675–680.
14. Villard A, Marchand L, Thivolet C, Rome S. Diagnostic Value of Cell-free Circulating MicroRNAs for Obesity and Type 2 Diabetes: A Meta-analysis. *J Mol Biomark Diagn* 2015;6:251.
15. Ortega FJ, Mercader JM, Catalán V, et al. Targeting the circulating microRNA signature of obesity. *Clin Chem* 2013;59:781–792.
16. Wang C, Wan S, Yang T, et al. Increased serum microRNAs are closely associated with the presence of microvascular complications in type 2 diabetes mellitus. *Sci Rep* 2016;6:20032.
17. Wang YT, Tsai PC, Liao YC, et al. Circulating microRNAs have a sex-specific association with metabolic syndrome. *J Biomed Sci* 2013;20:72.
18. Tsai PC, Liao YC, Wang YS, et al. Serum microRNA-21 and microRNA-221 as potential biomarkers for cerebrovascular disease. *J Vasc Res* 2013;50:346–354.
19. Coleman CB, Lightell DJ Jr, Moss SC, et al. Elevation of miR-221 and -222 in the internal mammary arteries of diabetic subjects and normalization with metformin. *Mol Cell Endocrinol* 2013;374:125–129.
20. Minami Y, Satoh M, Maesawa C, et al. Effect of atorvastatin on microRNA 221 / 222 expression in endothelial progenitor cells obtained from patients with coronary artery disease. *Eur J Clin Invest* 2009;39:359–367.
21. Ihle MA, Trautmann M, Kuentzlinger H, et al. miRNA-221 and miRNA-222 induce apoptosis via the KIT/AKT signalling pathway in gastrointestinal stromal tumours. *Mol Oncol* 2015;9:1421–1433.
22. Athyros VG, Katsiki N, Karagiannis A. Editorial: microRNAs: Potential Targets for the Treatment of Cardiovascular Disease. *Curr Vasc Pharmacol* 2015;13:366–367.
23. Tziomalos K, Athyros VG, Karagiannis A. Vascular Calcification, Cardiovascular Risk and microRNAs. *Curr Vasc Pharmacol* 2016;14:208–210.
24. Araldi E, Chamorro-Jorganes A, van Solingen C, et al. Therapeutic Potential of Modulating microRNAs in Atherosclerotic Vascular Disease. *Curr Vasc Pharmacol* 2015;13:291–304.
25. Maegdefessel L. Editorial: Therapeutic Potential of microRNAs in Vascular Disease. *Curr Vasc Pharmacol* 2015;13:277–279.
26. Karapetsas A, Tokamani M, Kolettas E, Sandaltzopoulos R. Editorial: Novel microRNAs as Putative Therapeutic Targets in Cardiovascular Diseases. *Curr Vasc Pharmacol* 2015;13:564–565.
27. Hu S, Huang M, Nguyen PK, et al. Novel microRNA prosurvival cocktail for improving engraftment and function of cardiac progenitor cell transplantation. *Circulation* 2011;124:S27–S34.
28. Liu X, Cheng Y, Yang J, Xu L, Zhang C. Cell-specific effects of miR-221/222 in vessels: molecular mechanism and therapeutic application. *J Mol Cell Cardiol* 2012;52:245–255.
29. Imprialos K, Doumas M, Tokamani M, et al. Editorial: The microRNA 221/222 Cluster: Inaugurating a New Era in Cardiovascular Disease and Cancer? *Curr Vasc Pharmacol* 2017;15:47–50.
30. Ikeda S, Kong SW, Lu J, et al. Altered microRNA expression in human heart disease. *Physiol Genomics* 2007;31:367–373.
31. Su M, Chen Z, Wang C, et al. Cardiac-specific overexpression of miR-222 induces heart failure and inhibits autophagy in mice. *Cell Physiol Biochem* 2016;39:1503–1511.
32. Ogawa T, Enomoto M, Fujii H, et al. MicroRNA-221/222 upregulation indicates the activation of stellate cells and the progression of liver fibrosis. *Gut* 2012;61:1600–1609.
33. Su M, Wang J, Wang C, et al. MicroRNA-221 inhibits autophagy and promotes heart failure by modulating the p27/CDK2/mTOR axis. *Cell Death Differ* 2015;22:986–999.
34. Liu X, Xiao J, Zhu H, et al. miR-222 is necessary for exercise-induced cardiac growth and protects against pathological cardiac remodeling. *Cell Metab* 2015;21:584–595.
35. Verjans R, Peters T, Beaumont FJ, van Leeuwen R, van Herwaarden T, Verhesen W, et al. MicroRNA-221/222 Family Counteracts Myocardial Fibrosis in Pressure Overload-Induced Heart Failure. *Hypertension* 2018;71:280–288.
36. Corsten MF, Heggermont W, Papageorgiou AP, et al. The microRNA-221/-222 cluster balances the antiviral and inflammatory response in viral myocarditis. *Eur Heart J* 2015;36:2909–2919.
37. Qin B, Cao Y, Yang H, et al. MicroRNA-221/222 regulate ox-LDL-induced endothelial apoptosis via Ets-1/p21 inhibition. *Mol Cell Biochem* 2015;405:115–124.